

Don't forget our Saturday Meal Deal for Two every week with an everchanging menu!

And get 5% off one of our new world wines from selected independent vineyards with each purchase.

# September 2024

www.relishwue.co.uk to order online 01453 844477 relishwue@gmail.com

#### **BREAD**

White Loaf £2.20 (contains gluten) (ve)
Stoneground Wholemeal Loaf £2.40 (contains gluten) (ve)
Mixed Seed Stoneground Wholemeal Loaf £2.50
(contains gluten) (ve)

Granary Loaf £2.50 (contains gluten) (ve)
Cheesy Granary Loaf £3.00 (contains gluten & dairy) (v)

Olive, Red Onion & Rosemary Focaccia Bread

small - £2.80 large - £3.70 (contains gluten) (ve)
Caramelised Onion, Garlic & Cheese Bread

small - £2.60 large - £3.55 (contains gluten & dairy) (v)
Sundried Tomato, Basil & Cheese Bread

small - £2.60 large - £3.55 (contains gluten & dairy) (v)

### **BUNS**

Classic Chelsea Bun £1.80 (contains gluten) (ve)
Cinnamon Chelsea Bun £1.90 (contains gluten) (ve)
Lardy Cake £1.80 (contains gluten) (ve)

#### LUNCH

Vegan Sausage Roll £2.30 (contains gluten & sulphites) (ve)
Sausage Roll £2.50 (contains gluten & dairy)
Chorizo Sausage Roll £2.60 (contains gluten & dairy)
Vegan Mexican Mixed Bean Pasty £3.05 (contains gluten) (ve)
Vegan Mixed Vegetable Pasty £2.95
(contains gluten & celery) (ve)
Cheese & Onion Cornish Pasty £3.05 (contains gluten & dairy) (v)
Beef & Vegetable Pasty £2.95 (contains gluten, dairy & soya)

Cheese & Onion Cornish Pasty £3.05 (contains gluten & dairy) (v)

Beef & Vegetable Pasty £2.95 (contains gluten, dairy & soya)

Steak & Vegetable Cornish Pasty £3.00 (contains gluten & dairy)

Mixed Vegetable Pizza Slice £2.45 (contains gluten & dairy) (v)

Bacon, Cheese & Caramelised Onion Turnover

£2.75 (contains gluten, dairy & egg)

#### **SALADS**

Roasted Red Pepper & Tomato Pasta Salad with Basil £1.90 per 100g (contains gluten & sulphites) (ve)
New Potato Salad with Mayo, Spring Onions & Parsley

£1.90 per 100g (contains egg) (v)

New Potato Salad with Mint & Mustard

£1.90 per 100g (contains mustard & sulphites) (ve)

Coleslaw £1.90 per 100g (contains egg) (v)

Waldorf Salad £1.90 per 100g (contains celery, egg & nuts) (v)
Greek Salad with Feta Cheese and Olives

£1.90 per 100g (contains dairy) (v)

Moroccan Spiced Couscous

£1.90 per 100g (contains gluten & sulphites) (ve)

Carrot & Beetroot Salad £1.90 per 100g (contains sulphites) (ve)

Three Bean, Roasted Red Pepper & Garlic Salad

£1.90 per 100g (contains sulphites) (ve)

Noodles with Stir Fry Vegetables in a Sweet Chilli Sauce

£1.90 per 100g (contains gluten, egg & soya) (v)

Curried Rice with Mixed Vegetables

£1.90 per 100g (contains mustard & sulphites) (ve)

Mixed Olives £2.80 per 100g (ve)

(ve) - vegan (v) - vegetarian

# **COLD MEATS & PÂTÉS**

Sliced Homecooked Honey & Mustard Ham
£2.75 per 100g (contains mustard)

Coronation Chicken

£1.92 per 100g (contains egg, mustard & sulphites)
Mushroom Pâté £2.50 per 100g (contains dairy) (v)
Smoked Mackerel Pâté

£2.90 per 100g (contains dairy, fish, mustard & egg)

#### **MAIN MEALS**

Beef Lasagne small - £5.70 (serves 1) large - £8.00 (serves 2) (contains gluten & dairy)

Cottage Pie **small - £5.60** (serves 1) **large - £7.90** (serves 2) (contains dairy)

Savoury Beef Crumble small - £5.60 (serves 1)

large - £7.90 (serves 2) (contains gluten & dairy)

Tarragon Chicken in a White Wine and Djon Mustard Sauce £9.60 per 500g (serves 2) (contains dairy, mustard & sulphites)

Beef Bourguignon with Mushrooms & Bacon

£9.70 per 500g (serves 2) (contains sulphites)

Creamy Chicken Curry with Spinach, Peppers & Chickpeas

£9.60 per 500g (serves2) (contains mustard & sulphites)
Creamy Vegetable Curry with Spinach, Peppers & Chickpeas

£9.35 per 500g (serves 2) (contains mustard & sulphites) (ve)

Salmon, Cod & Haddock Fish Crumble **small** - **£7.10** (serves 1)

large - £9.95 (serves 2) (contains gluten, fish & dairy)

#### **PIES**

Chicken & Ham Pie small - £4.35 (serves 1)

large - £7.70 (serves 3-4) (contains gluten, dairy, mustard & egg)
Steak & Ale Pie small - £4.35 (serves 1) large - £7.70 (serves 3-4)
(contains gluten, egg & sulphites)

## SIDE DISHES

Cheesy Dauphinoise Potatoes small - £5.00 (serves 1)
large - £6.95 (serves 2) (contains gluten & dairy) (v)
Roasted Root Vegetables small - £4.70 (serves 1)
large - £6.65 (serves 2) (ve)

### **PUDDINGS**

Lemon & Lime Caribbean £8.30 (contains gluten & dairy) (v)

Salted Caramel Chocolate Torte **£8.50** 

(contains gluten, soya & dairy) (v)

Chocolate Roulade with Fresh Cream & Raspberries £8.55

(contains egg, soya & dairy) (v)

Meringue Roulade with Fresh Cream & Mixed Berries £8.35

(contains dairy, egg & sulphites) (v)

Treacle Tart £6.50

(contains gluten, dairy & egg) (v)

#### **SCONES**

Plain Scone £2.10 each (contains gluten & dairy) (v)

Fruit Scone £2.25 each (contains gluten & dairy) (v)

Cheese Scone £2.25 each (contains gluten & dairy) (v)

Clotted Cream & Jam £1.85 (contains dairy) (v)

## **QUICHES**

Cheddar Cheese & the Choice of Two Fillings:

Tomatoes, Peppers, Mushrooms, Spring Onion, Leek, Broccoli,

Ham (contains mustard) or Bacon

**8" - £6.70 12" - £23.15** (contains gluten, dairy & egg)

Goats Cheese & Caramelised Onion

8" - £8.50 12" - £26.15 (contains gluten, dairy & egg) (v)
Mediterranean Vegetable & Feta Cheese

8" - £8.50 12" - £26.15 (contains gluten, dairy & egg) (v) Smoked Salmon, Dill & Watercress

8" - £8.70 12" - £27.15 (contains gluten, dairy, fish & egg)