





# February 2025

www.relishwue.co.uk to order online 01453 844477 relishwue@gmail.com

Don't forget about our Saturday Meal Deal for Two!

#### **BREAD**

White Loaf £2.30 (contains gluten) (ve)
Stoneground Wholemeal Loaf £2.50 (contains gluten) (ve)
Mixed Seed Stoneground Wholemeal Loaf £2.60
(contains gluten) (ve)
Granary Loaf £2.60 (contains gluten) (ve)

Cheesy Granary Loaf £3.15 (contains gluten & dairy) (v)
Olive, Red Onion & Rosemary Focaccia Bread

small - £2.95 large - £3.85 (contains gluten) (ve) Caramelised Onion, Garlic & Cheese Bread

small - £2.75 large - £3.70 (contains gluten & dairy) (v)
Sundried Tomato, Basil & Cheese Bread

small - £2.75 large - £3.70 (contains gluten & dairy) (v)

#### **BUNS**

Classic Chelsea Bun £1.85 (contains gluten) (ve)
Cinnamon Chelsea Bun £1.95 (contains gluten) (ve)
Lardy Cake £1.85 (contains gluten) (ve)

#### LUNCH

Vegan Sausage Roll £2.40 (contains gluten & sulphites) (ve)
Sausage Roll £2.60 (contains gluten & dairy)
Chorizo Sausage Roll £2.70 (contains gluten & dairy)
Vegan Mexican Mixed Bean Pasty £3.15 (contains gluten) (ve)

Vegan Mixed Vegetable Pasty £3.05 (contains gluten & celery) (ve)

Cheese & Onion Cornish Pasty £3.10 (contains gluten & dairy) (v)
Beef & Vegetable Pasty £3.05 (contains gluten, dairy & soya)
Steak & Vegetable Cornish Pasty £3.15 (contains gluten & dairy)
Mixed Vegetable Pizza Slice £2.55 (contains gluten & dairy) (v)
Bacon, Cheese & Caramelised Onion Turnover
£2.85 (contains gluten, dairy & egg)

#### **SALADS**

Roasted Red Pepper & Tomato Pasta Salad with Basil £1.90 per 100g (contains gluten & sulphites) (ve)
New Potato Salad with Mayo, Spring Onions & Parsley

£1.90 per 100g (contains egg) (v)

New Potato Salad with Mint & Mustard

£1.90 per 100g (contains mustard & sulphites) (ve)

Coleslaw £1.90 per 100g (contains egg) (v)

Waldorf Salad £1.90 per 100g (contains celery, egg & nuts) (v)

Greek Salad with Feta Cheese and Olives

£1.90 per 100g (contains dairy) (v)

**Moroccan Spiced Couscous** 

£1.90 per 100g (contains gluten & sulphites) (ve)

Carrot & Beetroot Salad £1.90 per 100g (contains sulphites) (ve)

Three Bean, Roasted Red Pepper & Garlic Salad

£1.90 per 100g (contains sulphites) (ve)

Noodles with Stir Fry Vegetables in a Sweet Chilli Sauce

£1.90 per 100g (contains gluten, egg & soya) (v)

Curried Rice with Mixed Vegetables

£1.90 per 100g (contains mustard & sulphites) (ve)

Mixed Olives £2.80 per 100g (ve)

(ve) – vegan (v) – vegetarian

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## **COLD MEATS & PÂTÉS**

Sliced Homecooked Honey & Mustard Ham **£2.75 per 100g** (contains mustard)

Coronation Chicken

£1.92 per 100g (contains egg, mustard & sulphites) Mushroom Pâté £2.50 per 100g (contains dairy) (v)

Smoked Mackerel Pâté

£2.95 per 100g (contains dairy, fish, mustard & egg)

#### **MAIN MEALS**

Beef Lasagne small - £5.80 (serves 1)

large - £8.10 (serves 2) (contains gluten & dairy)

Cottage Pie small - £5.70 (serves 1)

large - £8.00 (serves 2) (contains dairy)

Savoury Beef Crumble small - £5.70 (serves 1)

large - £8.00 (serves 2) (contains gluten & dairy)

Chicken Tarragon in a Creamy White Wine Sauce with Dijon

Mustard £9.70 per 500g (serves 2)

(contains dairy, sulphites & mustard)

Thai Red Chicken Curry with Spinach & Peppers

£9.70 per 500g (serves 2)

Roasted Vegetable Lasagne with Spinach & Mozzarella

small - £5.80 (serves 1) large - £8.10 (serves 2)

(contains gluten & dairy)

Beef in a Stilton, Mushroom & Whiskey Sauce

£9.80 per 500g (serves 2) (contains dairy)

Thai Red Vegetable Curry with Peppers & Spinach

£9.45 per 500g (serves 2) (ve)

Salmon & Haddock Fish Crumble small - £7.20 (serves 1)

large - £10.05 (serves 2) (contains gluten, fish & dairy)

#### **PIES**

Chicken & Ham Pie small - £4.50 (serves 1)

large - £7.85 (serves 3-4) (contains gluten, dairy, mustard & egg)
Steak & Ale Pie small - £4.50 (serves 1) large - £7.85 (serves 3-4)
(contains gluten, egg & sulphites)

#### **SIDE DISHES**

Cheesy Dauphinoise Potatoes small - £5.15 (serves 1)

large - £7.10 (serves 2) (contains gluten & dairy) (v)

Roasted Root Vegetables small - £4.75 (serves 1)

large - £6.70 (serves 2) (ve)

Cauliflower & Broccoli Cheese small - £5.15 (serves 1)

large - £7.10 (serves 2) (contains gluten & dairy) (v)

#### **PUDDINGS**

Lemon & Lime Caribbean £8.40

(contains gluten & dairy) (v)

Salted Caramel Chocolate Torte £8.85

(contains gluten, soya & dairy) (v)

Chocolate Roulade with Fresh Cream & Raspberries £8.80

(contains egg, soya & dairy) (v)

Cherry Bakewell £7.00

(contains gluten, dairy, egg & nuts) (v)

Normandy Apple Tart £7.00

(contains gluten, dairy, nuts & egg) (v)

### **QUICHES**

Cheddar Cheese & the Choice of Two Fillings:

Tomatoes, Peppers, Mushrooms, Spring Onion, Leek, Broccoli,

Ham (contains mustard) or Bacon

**8"** - **£6.80 12"** - **£23.40** (contains gluten, dairy & egg)

Goats Cheese & Caramelised Onion

**8" - £8.60 12" - £26.40** (contains gluten, dairy & egg) **(v)** 

Mediterranean Vegetable & Feta Cheese

8" - £8.60 12" - £26.40 (contains gluten, dairy & egg) (v)

Smoked Salmon, Dill & Watercress

8" - £8.85 12" - £27.45 (contains gluten, dairy, fish & egg)